

ANNUAL WORK REPORT

YEAR - 2019



'DISHA'

Public Trust Regd.No.F-5391 (Bhandara)

Dt.23.07.1997

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ANNUAL REPORT OF DISHA FOR THE YEAR 2019

(January 2019 to December 2019)

| | | | |
|---|------------|-----------------------------------|---------------|
| Date of Establishment of Disha Arogya Kutir | | 09.07.1999 | |
| No. of Revenue Villages | | 16 | |
| No. of villages with tolas | | 35 | |
| Total No. of families | | 2445 | |
| No. of Residential Houses | | 2260 | |
| No. of population covered | | 11392 | |
| No. of Argoya Doot (Male) | | 09 | |
| No. of Argoya Sevika (Female) | | 02 | |
| O.P.D.started at Darekasa Arogya Kutir | | 10th Oct., 1999 | |
| O.P.D.working days | | 2nd & 4th Sunday | |
| X-Ray Machine installed | | November 1999 | |
| Total No.of patients examined during 2018 | | 5502 | |
| Average patients in O.P.D. | | 239 | |
| Pathology Lab. established on | | 09.07.2000 | |
| Complete Blood Count by Cell Counter (CBC) | | 120 | |
| No.of ANC Profile | | 47 | |
| Installation of Ultra Sound Sonography machine | | 24.03.2002 | |
| No. of X-ray taken during the year 2019 | | 78 | |
| No. of Ultra Sonography done (ANC) | | 74 | |
| No. of Ultra Sonography done (Others) | | 12 | |
| No. of New T.B.Patients detected during the yr. | | 09 | |
| Sputum +ve | | 05 | |
| X-ray +ve | | 02 | |
| Extra pulmonary | | 02 | |
| No. of Minor Surgery | | 07 | |
| No. of Major Surgery | | 07 | |
| No. of Deliveries conducted by Arogya Sevikas | | NIL | |
| Total No. of Birth | 127 | Birth Rate | 11.14% |
| Total No. of Death | 62 | Death Rate | 5.44% |
| Total No. of Maternal Death | NIL | Maternal Mortality Rate | NIL |
| No. of Infant death (0 to 1 yr) | NIL | Infant Mortality Rate | NIL |

Disha, a non profit organisation from Gondia is working at village Darekasa, since last 21 years to provide health services to people of 25 nearby villages, which were deprived of health services.

Disha provides health care through Disha Arogya Kutir in 3 tier system :

- 1) 9 Arogya Doot (trained health workers) and 2 Arogya Sevikas provide health care at the doorsteps of the villagers.*
- 2) Regular OPD is conducted on every 2nd and 4th Sunday at Disha Arogya Kutir Darekasa, providing curative services like X-ray, Ultra Sonography and routine pathology tests and free medicine distribution.*
- 3) Specialised Camps are being conducted regularly at Disha Arogya Kutir Darekasa viz. Dermatology, Neurology, Cancer detection, Paediatric, Gynaec., ENT, Ophthalmic & Dental Camp are regular features of Disha, where specialist doctors from Nagpur and Gondia render their services voluntarily. Thus, Disha has successfully improved the health status of tribal and rural population of the area, by reducing the incidences of Malaria, Tuberculosis & infant mortality*

Nutritional status of rural mass is improving gradually.

In the field of Diabetes, Disha is organising Diabetes Public Awareness Educational Programme since last 21 years along with the renowned Diabetologist Dr.Sunil Gupta, Nagpur.

Disha annually conduct a camp for Diabetic patients for Funduscopy examination, HbA_{1c} Test , Urine micro albumin test for screening Kidney ailment.

At Disha Arogya Kutir, anti diabetic drugs and Insulin are being provided by Disha at nominal cost to the poor diabetic patients.

Beside, providing health services, Disha is also conducting some Social Welfare programmes.

- 1) *Disha conducts Educational Seminars every alternate year for adolescent girls and boys to educate them about their health, nutrition and social stigma, experts guide them to protect themselves and to handle the adverse situations cleverly and bravely. Young boys and girls are donating blood voluntarily in the Annual Blood Donation Camp.*
- 2) *In Educational Sector along with TOUCH Organisation Mumbai, Disha is providing study material to the needy children every year. A Book Bank has been established to provide text books to the needy students from selected schools and colleges of Gondia district.*
- 3) *Annual Tree Plantation Programme is organised during the month of July-Aug in co-ordination with Gurudev High School & Ashram Shala students.*
- 4) *Since 2013 Ambulance service is being provided by Disha.*

In the year 2019, self assessment of the services delivered by Disha Arogya Kutir is being conducted in the villages covered by Disha Community Health Service Project in last 21 years by Disha Arogya Doot. In the assessment, it has been concluded that more than 98% village population is satisfied with the work of Disha.

SPECIAL CAMPS & OTHER ACTIVITIES OF DISHA **DURING THE YEAR 2019**

| Sr. No | Camps Organised/Venue | Date | Doctors & Dignitaries | Beneficiaries |
|---------------|---|----------------------|---|---------------------------|
| 1 | Annual Dermatology Camp (Disha Arogya Kutir Darekasa) | 13.01.19 | Dr.Saurabh Raut M.D.(Derma) | 166 |
| 2 | Annual Public Awareness Camp for Diabetes (N.M.D.College Auditorium, Gondia) | 17.02.19 | Dr.Sunil Gupta (Diabetologist) Dr.(Mrs.) Kavita Gupta (Nutritionist & Diabetes Educator) Diabetes Care and Research Centre, Nagpur | 600 |
| 3. | Major Surgeries of Screened Patients (G.M.C., Nagpur) | 23.02.19 | Dr.Rajendra Saoji (Sr.Surgeon) Balmitra Foundation, Nagpur | 07 |
| 4 | Annual Neurology Camp (Disha Arogya Kutir, Darekasa) | 24.02.19 | Dr.Jayant Pande, M.D.(Neuro) Nagpur | 81 |
| 5 | A) Cancer Detection, Treatment & Awareness Camp (Disha Arogya Kutir, Darekasa) B) Dental Checkup & Treatment Camp (Disha Arogya Kutir, Darekasa) | 10.03.19 | Dr.Rohini Patil (Sr.Gynaecologist & Social Activist, Nagpur) Dr.Juzer Rasul (Sr.Dental Surgeon), Late DSKD College & Hospital, Nagpur Dr.Chaitnya (Oncologist) Reliance Cancer Hospital, Gondia | 71 132 16 |
| 6 | Annual Tree Plantation Programme (Disha Arogya Kutir, Darekasa) | 06.07.19 | | 100 Plants |
| 7 | A) Annual Paediatric & ANC Checkup & Treatment Camp (Disha Arogya Kutir, Darekasa) B) Felicitation & Prize Distribution Programme for Meritorious students | 14.07.19 14.07.19 | Paediatricians from Nelson Child & Maternity Hospital, Nagpur & Gynaecologists from Gondia Shri Rohan Ghuge, IAS, Add.District Collector, Gondia | Children 247 ANC 34 |
| 8. | Guidance Camp for Adolescent boys | 18.08.19 | Dr.Rajiv Mohta (Sr.Paediatrician & Counsellor, Nagpur) Dr.Raja Dayanidhi, CEO, Z.P., Gondia | 170 |
| 9. | Annual Special camp for Diabetics : Funduscopy, Urine Micro-albumin & BMD test (Agrasen Bhawan, Gondia) | 15.09.19 | | 153 |
| 10. | Annual Ophthalmic Camp (Disha Arogya Kutir, Darekasa) | 13.10.19 | Dr.Nilesh Jain (Sr.Ophthalmic Surgeon) B.J.Hospital, Gondia | 189 |

| Sr. No | Camps Organised/Venue | Date | Doctors & Dignitaries | Beneficiaries |
|--------|---|----------|---|--|
| 11. | Spectacles Distribution to Ophthalmic patients (Disha Arogya Kutir, Darekasa) | 10.11.19 | | 81 |
| 12. | Orthopaedic Camp (Disha Arogya Kutir, Darekasa) | 24.11.19 | Dr.Abhishek Bhalotiya, Orthopaedic Surgeon, Gondia | 123 |
| 13. | Annual Dental Check-up & Treatment Camp (Disha Arogya Kutir, Darekasa) | 08.12.19 | Dr.Abhijit Shende, Sr.Dental Surgeon, Gondia | 57 |
| 14. | Cataract Surgery (K.T.S.Hospital, Gondia) | 10.12.19 | | 13 |
| 15. | Goodwill gesture by distributing Winter Wear material like : Sweaters, Chadar, Jeans, T-Shirts, Kurtis & socks etc. to the needy villagers | 15.12.19 | | 600 villagers Bicharpur Chand Suraj & Bartola |
| 16. | Tuberculosis (T.B.) Detection & Treatment & Pulmonary Function Test Camp | 22.12.19 | German Remedies Ltd. | 38 |
| 17. | Malaria Control Programme Mass Radical Treatment to villagers and Tendu Patta labourers from different parts of the Gondia District at village Murkudoh, Dandari and Tekatola | May 19 | | Villagers 510 Labours 255 |

OTHER ACTIVITIES

| Sr. No. | Date | Activities/Venue |
|---------|------|--|
| 1 | | A Biochemistry Analyser (Agappe Mispa Viva) installed for LFT/KFT and Electrolyte testing |
| 2 | | Construction of a permanent Shed of Galvanised sheets in front of Kalpataru Building for patients shelter and conducting various programmes. (Approx. costing Rs.3 Lacs) |

NATIONAL TUBERCULOSIS ELIMINATION PROGRAMME

"DISHA AROGYA KUTIR DAREKASA"

IN THE YEAR 2019

| Sr. No. | Month | New Patient Detected in 2018 | | | | Cured |
|---------|--------------|------------------------------|-----------|-----------------|-------|-------|
| | | Sputum +Ve | X-Ray +ve | Extra Pulmonary | Total | |
| 1 | Jan.19 | 1 | 0 | 0 | 1 | 0 |
| 2 | Feb.19 | 2 | 1 | 2 | 5 | 0 |
| 3 | Mar.19 | 1 | 1 | 0 | 2 | 0 |
| 4 | Apr.19 | 0 | 0 | 0 | 0 | 0 |
| 5 | May 19 | 0 | 0 | 0 | 0 | 1 |
| 6 | Jun 19 | 0 | 0 | 0 | 0 | 0 |
| 7 | July 19 | 0 | 0 | 0 | 0 | 0 |
| 8 | Aug.19 | 0 | 0 | 0 | 0 | 4 |
| 9 | Sep.19 | 0 | 0 | 0 | 0 | 1 |
| 10 | Oct.19 | 0 | 0 | 0 | 0 | 1 |
| 11 | Nov.19 | 0 | 0 | 0 | 0 | 0 |
| 12 | Dec.19 | 1 | 0 | 0 | 1 | 1 |
| | Total | 5 | 2 | 2 | 9 | 8 |

दिशा संस्था द्वारा वर्ष २०२० हेतु नियोजित विशेष आरोग्य शिविरों का वितरण

| दिनांक | विशेष आरोग्य शिविर | विशेषज्ञ डॉक्टर | स्थान |
|------------|---|--|--------------------------------------|
| १२.०१.२०२० | चर्मरोग निदान व उपचार शिविर | डॉ.सौरभ राऊत, डॉ.सौ.श्रद्धा राऊत | दिशा आरोग्य कुटीर, दरेंकसा |
| ०२.०२.२०२० | मधुमेह जागरूकता, शिक्षण एवं चर्चा व मार्गदर्शन शिविर | डॉ.सुनील गुप्ता, नागपूर मधुमेह विशेषज्ञ एवं मार्गदर्शक | एन.एम.डी.कॉलेज अँडीटोरियम गोंदिया |
| ०९.०२.२०२० | मेंदूरोग जाँच व उपचार शिविर | डॉ.जयंत पाडे, वरिष्ठ मेंदूरोग तज्ञ, नागपूर | दिशा आरोग्य कुटीर, दरेंकसा |
| ०१.०३.२०२० | स्व.श्री लक्ष्मीनारायणजी गुप्ता की स्मृति में कर्क रोग निदान व मार्गदर्शन शिविर | डॉ.रोहिनी पाटील, डॉ.रसूल (दंत चिकित्सक) स्व.दादासाहेब कालमेघ दंत महाविद्यालय नागपूर | दिशा आरोग्य कुटीर, दरेंकसा |
| ०५.०७.२०२० | दिशा आरोग्य कुटीर का २१वाँ स्थापना दिवस एवं मेधावी विद्यार्थियों का सत्कार तथा शालेय साहित्य वितरण समारोह | विशिष्ट अतिथिगण एवं दिशा मित्र | दिशा आरोग्य कुटीर, दरेंकसा |
| १२.०७.२०२० | स्व.श्री सेवकरामजी वानखेड़े गुरुजी की स्मृति में बालरोग निदान व उपचार शिविर | डॉ.सुचिता खडसे (बालरोग तज्ञ नागपूर) व नेलसन मदर एंड चाईल्ड हॉस्पिटल टीम नागपूर एवं वरिष्ठ बालरोग विशेषज्ञ, गोंदिया | दिशा आरोग्य कुटीर, दरेंकसा |
| ३०.०८.२०२० | किशोर लड़कों के लिये उचित मार्गदर्शन शिविर | डॉ.राजीव मोहता, प्रसिद्ध किशोरवयोगट मार्गदर्शक व बालरोग विशेषज्ञ, नागपूर | दिशा आरोग्य कुटीर, दरेंकसा |
| २०.०९.२०२० | किशोरी लड़कियों के लिये आरोग्य एवं उचित मार्गदर्शन शिविर | डॉ.तेजस्विनी भुस्कुटे (स्त्रीरोग विशेषज्ञ) व गोंदिया एवं नागपूर की वरिष्ठ स्त्रीरोग विशेषज्ञ | दिशा आरोग्य कुटीर, दरेंकसा |
| ०४.१०.२०२० | मधुमेहियों के लिये आँखों की फंडोस्कोपी, यूरिन माइक्रो अल्ब्यूमिन जाँच एवं न्यूरोपैथी शिविर | नेत्ररोग विशेषज्ञ | अग्रसेन भवन, गोंदिया |
| १८.१०.२०२० | स्व.मंगनीदेवी मूंदड़ा गोंदिया की स्मृति में वयोवृद्ध नागरिकों के लिये निदान, उपचार एवं मार्गदर्शन शिविर | डॉ.अनुराग बहेकार, डॉ.सौ.गार्गी बहेकार, गोंदिया डॉ.अभिषेक भालोटिया, डॉ.सुमित शर्मा, गोंदिया | दिशा आरोग्य कुटीर, दरेंकसा |
| ०१.११.२०२० | उच्च रक्तचाप, मधुमेह एवं थायरॉइड संबंधी जनजागरण शिविर | डॉ.निखिल बालंखे, डॉ.शंकर खोब्रागडे, डॉ.प्रभाकर देशपाडे, नागपूर | दिशा आरोग्य कुटीर, दरेंकसा |
| २२.११.२०२० | नाक, कान, गला रोग निदान व उपचार शिविर | डॉ.सौ. लता जैन, डॉ.संजय भगत, गोंदिया | दिशा आरोग्य कुटीर, दरेंकसा |
| १३.१२.२०२० | नेत्ररोग निदान/मोतियाबिंदु निदान व चयन शिविर | डॉ.निलेश जैन, वरिष्ठ नेत्र चिकित्सक, गोंदिया | दिशा आरोग्य कुटीर, दरेंकसा |
| २७.१२.२०२० | दंत रोग निदान व उपचार शिविर | डॉ.अभिजीत शेंडे, वरिष्ठ दंत रोग विशेषज्ञ, गोंदिया | दिशा आरोग्य कुटीर, दरेंकसा |

SCHEDULED PROGRAMME OF DISH'A SPECIAL HEALTH CAMPS : FOR THE YEAR 2020

| Date | Speciality Camps | Specialist Doctors | Venue |
|------------|--|--|-------------------------------------|
| 12.01.2020 | Dermatology Camp | Dr.Saurabh Raut, M.D.(Derm.) Mrs. (Dr.) Shraddha Raut | Disha Arogya Kutir Darekasa |
| 02.02.2020 | Diabetes Awareness Camp | Dr.Sunil Gupta, Diabetologist | N.M.D.College Auditorium, Gondia |
| 09.02.2020 | Neurology Camp | Dr.Jayant Pande, Sr.Neuro Physician, Nagpur | Disha Arogya Kutir Darekasa |
| 01.03.2020 | Cancer Detection & Awareness Camp, Dental Camp in memory of late Laxminarayanji Gupta | Dr.Rohini Patil, Nagpur Dr.Rasool (Dental Surgeon) Late Dada Saheb Kalmegh Dental College, Wanadongri, Nagpur | Disha Arogya Kutir Darekasa |
| 05.07.2020 | 21 st Installation Day of Disha Arogya Kutir, Felicitation of Meritorious students & Distribution of Study Material | Distinguished Guests | Disha Arogya Kutir Darekasa |
| 12.07.2020 | Paediatric Camp in memory of Late Shri Sewakramji Wankhede Guruji | Dr.Suchita Khadse & Team from Nelson Mother & Child Hospital Nagpur & Sr. Pediatricians of Gondia | Disha Arogya Kutir Darekasa |
| 30.08.2020 | Adolescent Boys Counselling Camp | Dr.Rajiv Mohta, Adolescent Counsellor & Sr. Pediatrician Nagpur | Disha Arogya Kutir Darekasa |
| 20.09.2020 | Health Checkup Counselling Camp for Adolescent Girls | Dr.Tejaswani Bhuskute (Sr. Gynecologist) & Gynecologist of Gondia & Nagpur | Disha Arogya Kutir Darekasa |
| 04.10.2020 | Neuropathy, Funduscopy & Urine Micro albumin Test for Diabetics | Ophthalmogist | Agrasen Bhawan Gondia |
| 18.10.2020 | Geriatric Camp in Memory of Late Mangnidevi Mundra Gondia | Dr.Anuraj Bahekar, Dr.Mrs.Gargi Bahekar, Dr.Abhishek Bhalotiya, Dr.Sumit Sharma, Gondia | Dish Arogya Kutir Darekasa |
| 01.11.2020 | Hypertension, Diabetes & Thyroid disorder Awareness Camp | Dr.Nilkhil Balankhe, Nagpur Dr.Shankar Khobragade, Nagpur Dr.Prabhakar Deshpande, Nagpur | Disha Arogya Kutir Darekasa |
| 22.11.2020 | Ear, Nose, Throat ailment Treatment Camp | Dr.(Mrs.) Lata Jain, Gondia Dr.Sanjay Bhagat, Gondia | Disha Arogya Kutir Darekasa |
| 13.12.2020 | Ophthalmic & Cataract Detection Camp | Dr.Nilesh Jain, Sr. Ophthalmogist, Gondia | Disha Arogya Kutir Darekasa |
| 27.12.2020 | Dental Checkup & Treatment Camp | Dr.Abhijit Shende, Sr.Dentist, Gondia | Disha Arogya Kutir Darekasa |