

ANNUAL WORK REPORT

Year – 2018



'DISHA'

Public Trust Regd.No.F-5391 (Bhandara)

Dt.23.07.1997

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ANNUAL REPORT OF DISHA FOR THE YEAR 2018

(JAN.2018 TO DEC. 2018)

Date of Establishment of Disha Arogya Kutir	09.07.1999
No. of Revenue Villages	16
No. of villages with tolas	35
Total No. of families	2425
No. of Residential Houses	2275
No. of population covered	11577
No. of Argoya Doot (Male)	09
No. of Argoya Sevika (Female)	02
O.P.D.started at Darekasa Arogya Kutir	10th Oct., 1999
O.P.D.working days	2nd & 4th Sunday
X-Ray Machine installed	November 1999
Total No.of patients examined during 2018	5049
Average patients in O.P.D.	210
Pathology Lab. established on	09.07.2000
Complete Blood Count by Cell Counter (CBC)	125
Installation of Ultra Sound Sonography machine	24.03.2002
No. of X-ray taken during the year 2018	57
No. of Ultra Sonography done	91
No. of New T.B.Patients detected during the yr.	03
No. of T.B. cases cured	02
No. of T.B.cases death	NIL
No. of T.B.cases under DOT	01
No. of Minor Surgery	05
No. of ANC Regd. by Arogya Sevikas	09
No. of Deliveries conducted by them	NIL

Total No. of Birth	118	Birth Rate	10.19%
Total No. of Death	61	Death Rate	5.26%
Total No. of Maternal Death	NIL	Maternal Mortality Rate	NIL
Total No. of Infant death	01	Infant Mortality Rate	16.39%

Disha, a non profit organisation from Gondia is working at village Darekasa, since last 20 years to provide health serices to people of 25 nearby villages, which were deprived of health services.

Disha provides health care through Disha Arogya Kutir in 3 tier system :

- 1) 9 Arogya Doot (trained health workers) and 2 Arogya Sevikas provide health care at the doorsteps of the villagers.*
- 2) Regular OPD is conducted on every 2nd and 4th Sunday at Disha Arogya Kutir Darekasa, providing curative services like X-ray, Ultra Sonography and routine pathology tests and free medicine distribution.*
- 3) Specialised Camps are being conducted regualrly at Disha Arogya Kutir Darekasa viz. Dermatology, Neurology, Cancer detection, Paediatric, Gynaec., ENT, Ophthalmic & Dental Camp are regular features of Disha, where specialist doctors from Nagpur and Gondia render their services voluntarily. Thus, Disha has successfully improved the health status of tribal and rural population of the area, by reducing the incidences of Malaria, Tuberculosis & infant mortality*

Nutritional status of rural mass is improving gradually.

In the field of Diabetes, Disha is organising Diabetes Public Awareness Educational Programme since last 20 years along with the renowned Diabetologist Dr.Sunil Gupta, Nagpur.

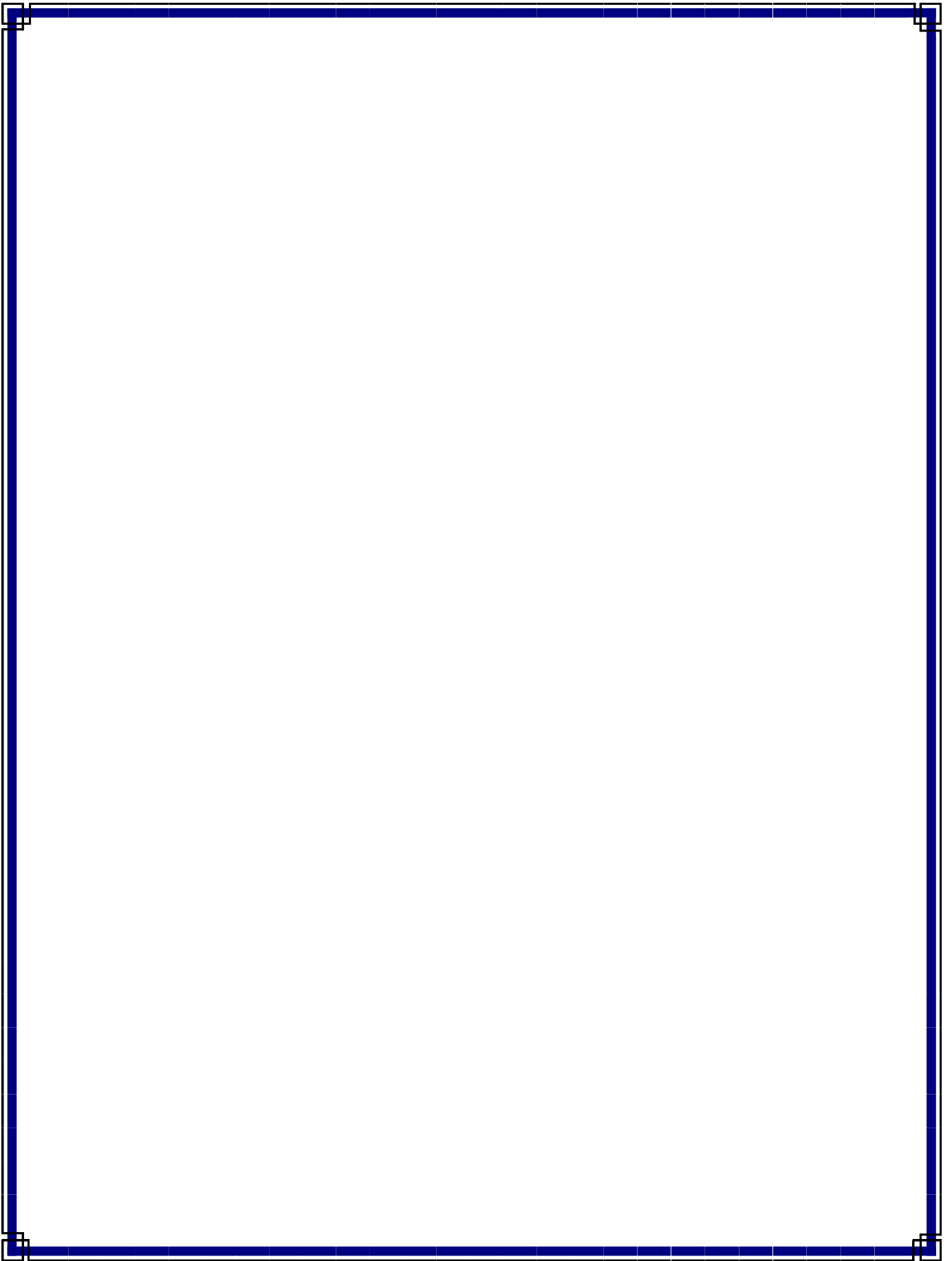
Disha annually conduct a camp for Diabetic patients for Fundusopic examination, HbA₁C Test , Urine micro albumin test for screening Kidney ailment.

At Disha Arogya Kutir, anti diabetic drugs and Insulin are being provided by Disha at nominal cost to the poor diabetic patients.

Beside, providing health services, Disha is also conducting some Social Welfare programmes.

- 1) Disha conducts Educational Seminars every alternate year for adolescent girls and boys to educate them about their health, nutrition and social stigma, experts guide them to protect themselves and to handle the adverse situations cleverly and bravely. Young boys and girls are donating blood voluntarily in the Annual Blood Donation Camp.*
- 2) In Educational Sector along with TOUCH Organisation Mumbai, Disha is providing study material to the needy children every year. A Book Bank has been established to provide text books to the needy students from selected schools and colleges of Gondia district.*
- 3) Annual Tree Plantation Programme is organised during the month of July-Aug in co-ordination with Gurudev High School & Ashram Shala students.*
- 4) Since 2013 Ambulance service is being provided by Disha.*

In the year 2018, self assessment of the services delivered by Disha Arogya Kutir is being conducted in the villages covered by Disha Community Health Service Project in last 20 years by Disha Arogya Doot. In the assessment, it has been concluded that more than 98% village population is satisfied with the work of Disha.



Special Camps & Other Activities of DISHA 2018

Sr. No	Date	Specialised Camps/Venue	Service Renderer/ Dignitaries	Beneficiaries
1	28.01.2018	Neurological Checkup & Treatment Camp Disha Arogya Kutir Darekasa	Dr. Jayant Pande (Sr. Neurophysician, Nagpur)	80
2	25.02.2018	Dermatological ailments treatment Camp Disha Arogya Kutir Darekasa	Dr. Saurabh Raut (Dermatologist, GMC, Gondia)	108
3.	04.03.2018	Annual Diabetes Public Awareness Educational Program Amgaon	Dr. Sunil Gupta (Diabetologist, Nagpur) Mrs. Kavita Gupta (Nutritionist, Nagpur)	550
4	11.03.2018	Cancer Detection & Treatment Camp Disha Arogya Kutir Darekasa	Dr. Robini Patil Dr. Sonam V. Surkar Nagpur	75 (Pop Smear-36 Mammography-18)
5	11.03.2018	Dental Checkup & Treatment Camp	Dr. Rasool (Dental Surgeon), HOD Late Dadasaheb Kalmegh Dental College & Hospital, Nagpur	75
6	08.07.2018	Annual paediatric & ANC Checkup & Treatment Camp Disha Arogya Kutir Darekasa	Dr. Suchita Khadse & Dr. Atul Kapse (Nelson Child & Mother Hospital, Nagpur) Dr. Rajendra Saoji (Paed. Surgeon) Dr. (Mrs.) Saoji (Physician, NGP)	245 Children 36 ANC
7	23.08.2018	Bone Mass Density Camp at 37, I.G. Stadium (Disha office) Gondia		50
8	30.09.2018	Adolescent Girls Guidance Camp with checkup & Treatment Camp Disha Arogya Kutir Darekasa	Dr. Gargee Babekar, MD (Gyn.) Dr. Gejaswini Bhuskute, MD (Gyn.) Dr. Jamaikar, M.O. Ghana	280
9.	07.10.2018	Diabetes Educational & Public Awareness Camp at Homeopathy College, Gondia	Dr. Vijay Panikar (Mumbai) Sr. Diabetologist Leelavati Hospital Dr. Narayan Deograonkar, Nashik Dr. Lohita Purohit, Mumbai Dr. Sunil Gupta, Nagpur Mrs. Kavita Gupta, Nagpur	155
10.	21.10.2018	Ophthalmic Funduscopy & Micro Urine albumin Test Camp at Agrasen Bhawan		114
11.	25.11.2018	Geriatric Camp for elderly	Dr. Abhishek Bhalotia, (Orthopaedic)	92

		people (every alternate year) at Disha Arogya Kutir Darekasa	Dr.Juhi Bhalotiya (Gynaecologist) Dr.Shirish Ratnaparkhi (DGGC) Dr.Abha Sonakiya (Ophthalmo.) Dr.Anurag Babekar (DD, Cardio) Dr.Sumeet Sharma (Physio.)	
12.	09.12.2018	Dental checkup, Procedure & Treatment Camp at Disha Arogya Kutir Darekasa	Dr.Abhijit Shende (Sr.Dental Surgeon)	48
13.	23.12.2018	Blood Donation Camp at Disha Arogya Kutir, Darekasa	B.G.W.Hospital, Blood Collection Team, Gondia	46 Units Donated

Other Activities of DISHA 2018

Sr. No.	Date	Activities/Venue	Beneficiaries
1	29.07.2018	Tree Plantation at Disha Arogya Kutir Premises, Darekasa in Co-ordination with Students of Gurudev High School, Darekasa	50 Trees
2	29.07.2018	Distribution of Study materials and school bags sponsored by GOUGH Organisation, Mumbai to the students of Gurudev High School, Darekasa and Gyandeep High School, Bicharpur	Bags with Study material to Students of Std.IX only (87) Study material to students of Std,X only (100) Total 187
3	30.12.2018	Blankets, Bed sheets and woolen material distributed to Tribal elderly people and children in following villages 1. Murkudoh No.1 2. Murkudoh No.2 3. Murkudoh No.3 4. Dandari 5. Gekatola 6. Kotitola 7. Daharatola 8. Dumartola 9. Marartola 10. Banjari	218 Families 250 Kids

STATEMENT SHOWING THE INFORMATION ABOUT
NATIONAL TUBERCULOSIS CONTROL PROGRAMME
FROM "DISHA AROGYA KUTIR DAREKASA"
IN THE YEAR 2018 UNDER RNTCP

Sr. No.	Month	New Patient Detected in 2018						Total	Treatment completed (Cured)
		Sputum +Ve		Sputum -Ve CBNAAT +ve		Extra Pulmonary			
		New	Prev. Treated	New	Prev. Treated	New	Prev. Treated		
1	Jan.18	0	0	0	0	0	0	0	0
2	Feb.18	0	0	0	0	0	0	0	0
3	Mar.18	0	0	0	0	0	0	0	0
4	Apr.18	0	0	0	0	0	0	0	0
5	May 18	0	0	0	0	0	0	0	0
6	Jun 18	1	0	0	0	1	0	2	0
7	July 18	0	0	0	0	0	0	0	0
8	Aug.18	0	0	0	0	0	0	0	0
9	Sep.18	0	0	0	0	0	0	0	0
10	Oct.18	0	0	0	0	0	0	0	0
11	Nov.18	0	0	1	0	0	0	1	0
12	Dec.18	0	0	0	0	0	0	0	2
	Total	1	0	1	0	1	0	3	2

fn'kk laLF'ks}kjs ?ks.;kr ;s.kkjs fo'ks"k vkjksX; rikl.kh f'kchjkps fooj.k lu 2018 (tkusokjh rs fMIsacj 2019)

fnukad	f'kchjkps mn~ns'k@izdkj	rK MkWDVjkaps ukao	f'kchjkps fBdk.k
13-01-2019	peZjksx funku o mipkj f'kfcj (Dermatology Camp)	MkW-lkSjHk jkm!r ,e-Mh-peZjksx rK] xksafn;k	fn'kk vkjksX; dqVhj] njsZdlk
17-02-2019	e/kqesg j!X.kklkBh vkjksX; f'k{k.k leksins'ku@ppkZ o ekxZn'kZu (Diabetic Awareness Camp)	MkW-lquhy xqlrk] Mk;csVkykftLV] ukxiwj	,u-,e-Mh-dkWyst vWMhVksfj;e xksafn;k
24-02-2019	esanwjksx rikl.kh o mipkj f'kfcj (Neurology Camp)	MkW-t;ar ikaMs] esanwjksx rK] ukxiwj	fn'kk vkjksX; dqVhj] njsZdlk
10-03-2019	ddZjksx funku o mipkj f'kfcj (Cancer Detection Camp)	MkW-jksfguh ikVhy o Vhe] ukxiwj	fn'kk vkjksX; dqVhj] njsZdlk
14-07-2019	fn'kk vkjksX; dqVhjps o/kkZiu fnukfizR;FkZ ckyjksx funku o mipkj f'kchj (Pediatric Camp on Annual Day of Disha Arogya Kutir)	MkW-lqfprk [kMIs o Vhe usylu gkWLiHvy] /karksyh] ukxiwj	fn'kk vkjksX; dqVhj] njsZdlk
10-08-2019	dku@ukd o xGk rikl.kh o mipkj (E.N.T. Camp)	MkW-lkS-yrk tSu] xksafn;k MkW-lat; Hkxr] xksafn;k	fn'kk vkjksX; dqVhj] njsZdlk
08-09-	fd'kksjo;hu eqyhaps ekxZn'kZu	L=hjksx rK] xksafn;k	fn'kk vkjksX;

2019	(Adoloscent Girls Guidance Camp)	Gynaecologists from Gondia	dqVhj] njsZdlk
13-10-2019	us=jksx rikl.kh o mipkj (Eye Camp)	MkW-vkHkk lksufd;k] us=jksx rK] xksafn;k	fn'kk vkjksX; dqVhj] njsZdlk
24-11-2019	vfLFkjksx rikl.kh o mipkj (Orthopaedic Camp)	MkW-vfHk"ksd HkkyksfV;k] ,e-,l- MkW-lqfer 'kekZ] fi!th;ksFksjsfiLV	fn'kk vkjksX; dqVhj] njsZdlk
08-12-2019	narjksx rikl.kh mipkj (Dental Camp)	MkW-vfHkthr 'ksaMs] narjksx rK]xksafn;k	fn'kk vkjksX; dqVhj] njsZdlk
22-12-2019	jDrnku f'kchj (Blood Donation Camp)	jDr ladyu dsanz] ch-th- MCY;w-gkWLihVy xksafn;kph Vhe	fn'kk vkjksX; dqVhj] njsZdlk