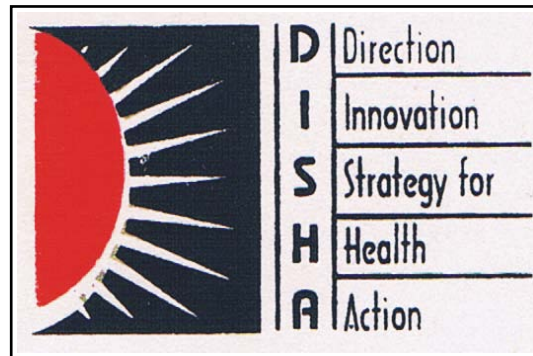

ANNUAL WORK REPORT

YEAR - 2015



'DISHA'

Public Trust Regd.No.F-5391 (Bhandara)

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ANNUAL REPORT OF DISHA FOR THE YEAR 2015

(JAN.2015 TO DEC. 2015)

Date of Establishment of Disha Arogya Kutir	09.07.1999
No. of Revenue Villages	16
No. of villages with tolas	35



Total No. of families	2348
No. of population covered	12265
No. of Argoya Doot (Male)	09
No. of Argoya Sevika (Female)	02
O.P.D.started at Darekasa Arogya Kutir	10 th Oct., 1999
O.P.D.working days	2nd & 4th Sunday
X-Ray Machine installed	November 1999
Total No.of patients examined during 2015	5962
Average patients in O.P.D.	248
Pathology Lab. established on	09.07.2000
Complete Blood Count by Cell Counter (CBC)	310
Installation of Ultra Sound Sonography machine	24.03.2002
No. of X-ray taken during the year 2015	83
No. of Ultra Sonography done	88
No. of New T.B.Patients detected during the yr.	10
No. of T.B. cases cured	02
No. of T.B.cases death	NIL
No. of T.B.cases under DOT	10
No. of B.S.collected and examined during the year (Arogya Doot - 235 + OPD - 27 = 262)	262
No. of Malaria Positive cases (PV 03 + PF 05 + Mix NIL) = total 08	08
No. of Malaria Patients Death	NIL
No. of ANC Regd. by Arogya Sevikas	18
No. of Deliveries conducted by them	07

Total No. of Birth	142	Birth Rate	11.57‰
Total No. of Death	79	Death Rate	6.44‰
Total No. of Maternal Death	NIL	Maternal Mortality Rate	NIL
Total No. of Infant death	01	Infant Mortality Rate	7.04‰

Disha, a registered voluntary organisation based at Gondia is working in the tribal dominated village – Darekasa, Tahsil Salekasa, with the objective to provide and uplift the basic health services to the rural and tribal population.

Disha's motto is to work together, to uplift the health status of rural and tribal mass by their own people at their door-step.

There is a huge gap in the field for health services between rural and urban area in our society. Disha Arogya Kutir Darekasa through its various activities since its inception in 1999 trying to deliver the modern health facilities to the rural and tribal population to fill this gap up to certain extent.

At Darekasa, through Disha Arogya Kutir regular OPDs are conducted on every 2nd and 4th Sunday, with the help of local 9 Arogya doots and 2 Arogya Sevikas, continuous follow-ups, primary and referral health services are being carried out throughout the year.

- In last 17 years Disha achieved some remarkable goals substantially:*
- ☆ Providing X-ray, Pathology and Ultra Sonography services in the village, to uplift the health status of tribal mass.*
 - ☆ Control Malaria effectively by providing Radical treatment to Tendu patta pluckers during their stay in that area. Similarly local residents are also provided with preventive medicines.*
 - ☆ Reduce the number of cases of T.B. DOT Regim treatment provided to the patients.*
 - ☆ Reduced the rate of infant and maternal mortality.*
 - ☆ Conducting educational seminars for adolescent girls to educate them about their health, nutrition and social stigma, experts guide them to*

protect themselves and to handle the adverse situations cleverly and bravely. Most important task is to treat anaemia with a scientific approach in female population, particularly in puberty age group girls, regular checkup and treatment camps are being conducted for them.

☆ *Disha is instrumental in creating awareness, rule out myths regarding Diabetes in the urban and rural areas of Gondia district, by conducting regular Diabetes awareness programme and various check-up camps for diabetics since last 19 years.*

☆ *Ambulance service is being provided by DISHA from 2013.*

☆ *Young boys and girls of rural areas are voluntarily donating blood regularly.*

ACHIEVEMENTS DURING THE YEAR :

- 1) **Dr. Debashish Chatterji, President Disha**, for his outstanding work in the field of rural and tribal health through "Disha Arogya Kutir, Darekasa" felicitated by **Dainik Bhaskar**, a leading Hindi newspaper, on the occasion of 13th Installation Day of Dainik Bhaskar.

Felicitation Programme held on 17th December 2015 at Hotel Centre Point. **Hon'ble Chief Minister of Maharashtra Mr. Devendra Fadnavis felicitated Dr. D. D. Chatterji.**

- 2) Disha has setup a well updated Pathology Lab at "Disha Arogya Kutir Darekasa". A cell counter is installed. All the basic pathological examination by qualified technicians on OPD day has been started.
- 3) Ambulance Service by Disha, for transporting patients, entered in 3rd year. This year Ambulance covered total run of 48395 km. with 99 trips to Nagpur, 11 trips to Raipur and 67 local trips. Ambulance services are provided on 'No Profit, No Loss' basis.

Main Activities Conducted by DISHA
During Jan.2015 to Dec.2015

Sr. No.	Date	Activities	Venue	Beneficiaries
1	25.01.2015	Neurology Camp : Diagnosis & Treatment of the patients having neurological ailment – 17 EEG were done to diagnosis and work up of epilepsy patient. (Dr.Jayant Pande D.M.(Neuro), Sr.Neuro Physician from Nagpur & his associates rendered their services)	Disha Arogya Kutir, Darekasa	103
2	15.02.2015	Diabetes Public Awareness programme with Diet Exhibition: Nineteen years in succession by eminent diabetologist Dr.Sunil Gupta from Nagpur , Mrs.Kavita Gupta Dietitian and their team participated in the camp.	N.M.D. College Auditorium Gondia	512
3.	22.03.2015	Cancer Detection and Public Awareness Camp in memory of Late Maltidevi Ramkumar Gupta in association with Rashtra Sant Tukdoji Maharaj Regional Cancer Hospital, Nagpur	Disha Arogya Kutir, Darekasa	64 suspected patients were screened
4	26.04.2015	Lokarpan of Approach Cement road constructed by District Development Fund by Shri Tolsinghbhau Pawar Veteran Social Worker	Disha Arogya Kutir, Darekasa	Public At large
5	05.07.2015	Annual Tree Plantation Programme at Behnidoh, hill top. 3 rd year in succession in association with Gurudeo Junior College, Jamakudo and Social Forestry Deptt.		200 Saplings planted.

6	05.07.2015	TOUCH a Non profit organisation from Mumbai in association with Disha distributed study material to school going children who are not entitled to Govt. Scheme. Dr.Sarwagod Orthopedic Surgeon Trustee of TOUCH & Mr. Rathod, Co-ordinator from Mumbai attended the programme.	Disha Arogya Kutir Darekasa	95 Students
7	12.07.2015	17 th Annual Installation Day of Disha Arogya Kutir celebrated in memory of Late Sewakramji Wankhede (Guruji) as Mega Pediatric Camp and ANC Checkup. Dr.Suchita Khadse, Director Child Hospital Nagpur rendered her services along with her team, since last 4 years.	Disha Arogya Kutir, Darekasa	327 Children 27 ANC
8	23.08.2015	An Unique programme GARBHA SANSKAR, a totally scientific educative programme for pregnant mother and female in child bearing age group was conducted by Dr.Smita Deore, a senior & eminent Gynaecologist from Nagpur for first time.	Disha Arogya Kutir, Darekasa	360 female attended the camp
9	04.10.2015	A special camp for Diabetic patients in which selected diabetic patients were under-gone cardiac checkup ECG, 2D Echo & Color Doppler, Lipid Profile, Urine Micro albumin and Peripheral nerve examination (by Neuro sensirometer) conducted. Senior Cardiologist Dr.Pramod Mundra D.M. Platina Heart Hospital Nagpur and his team examined & given counselling to the diabetics.	N.M.D. College Gondia	161

10	25.10.2015	Annual Counselling & Guidance Camp for adolescent girls held. Dr.Shrikant Godbole, Nagpur, Dr.Nirmala Jaipuria Sr.Gyna., Dr.Shefali Jain (Gyanecologist), Dr.Vandana Aloni Gondia guided the girls by Power Point Presentation.	Disha Arogya Kutir, Darekasa	235 Girls
11	08.11.2015	Annual Screening Camps for Surgical Patients specially children was conducted by Sr. Paediatric Surgeon Dr.Rajendra Saoji, Nagpur. Total 11 children were selected for surgery to be conducted between 1 st Feb. to 4 th Feb. 2016 at Lata Mangeshkar Medical College Nagpur.	Disha Arogya Kutir, Darekasa	52 Patients
12	23.11.2015	Annual Dental Camp : Dr.Abhijit Shende, Sr. Dental Surgeon Gondia examined and treated the patients. 22 tooth extraction were carried out	Disha Arogya Kutir, Darekasa	62
13	13.12.2015	Eye Checkup and Screening Camp for cataract surgery was done by Sr. Ophthalmologist Dr.Abha Sonakia Gondia	Disha Arogya Kutir, Darekasa	23 selected out of 52 patients
14	20.12.2015	Blanket Distribution Programme : Every year blankets were distributed in remote villagers at Door to Door basis, to develop a bond between villagers and Disha. This year remote villages 15 km. from Darekasa – Dallatola, Kopalgad, Ambatola, Thubrutola were selected.		175 families

15	17.12.2015	On the occasion of 13 th Anniversary of Dainik Bhaskar Nagpur Dr.Debashish Chatterji, President Disha was honoured for his leadership and outstanding work at Disha Arogya Kutir Darekasa. Mr.Devendra Fadnavis, Chief Minister, Maharashtra at Nagpur felicitated Dr.D.D.Chatterji.	Hotel Centre Point Nagpur	
16	27.12.2015	Annual Blood Donation Camp organised by Disha in association with Blood Bank, B.G.W.Hospital, Gondia	Disha Arogya Kutir, Darekasa	41 Donors donated blood

**STATEMENT SHOWING THE INFORMATION ABOUT NATIONAL
TUBERCULOSIS CONTROL PROGRAMME
FROM "DISHA AROGYA KUTIR DAREKASA"
IN THE YEAR 2015 UNDER DOTS**

Sr. No.	Month	New Patient Detected in 2015						Treatment completed (Cured)	
		Pulmonary Sputum +Ve		Pulmonary X-Ray +ve/ Sputum -Ve		Extra Pulmonary			Total
		Cat-I	Cat-II	Cat-I	Cat-II	Cat-I	Cat-II		
1	Jan.15	0	0	1	0	0	0	1	1
2	Feb.15	0	0	0	0	1	0	1	0
3	Mar.15	0	0	1	0	0	0	1	0
4	Apr.15	0	0	0	0	0	0	0	0
5	May 15	1	0	0	0	0	0	1	0
6	June 15	0	0	0	0	0	0	0	0
7	July 15	0	0	0	0	0	0	0	0
8	Aug.15	0	0	0	0	0	0	0	1
9	Sep.15	1	0	0	0	0	0	1	0
10	Oct.15	0	0	0	0	0	0	0	0
11	Nov.15	3	0	0	0	0	0	3	0
12	Dec.15	0	0	2	0	0	0	2	0
	Total	5	0	4	0	1	0	10	2

Note : MDR T.B.Patient cured in Feb.2015

Year & Monthwise B.S.Collection of Malaria Patients for the years 2012, 2013, 2014 and 2015

'DISHA' AROGYA KUTIR, DAREKASA

MONTH	2012					2013					2014					2015					Remarks
	B.S Colle ction	PV	PF	MIX	TOTAL	B.S Colle ction	PV	PF	MIX	TOTAL	B.S Colle ction	PV	PF	MIX	TOTAL	B.S Colle ction	PV	PF	MIX	TOTAL	
January	22	--	6	-	6	22	--	--	--	--	8	--	--	--	--	27	--	--	--	--	
February	36	--	--	--	--	10	--	--	--	--	7	--	2	--	2	28	--	--	--	--	
March	22	--	--	--	--	11	--	--	--	--	32	--	--	--	--	19	--	--	--	--	
April	23	--	--	--	--	12	--	--	--	--	11	--	4	--	4	12	--	2		2	
May	36	--	--	--	--	11	--	--	--	--	21	--	1	--	1	15	--	--	--	--	
June	26	--	--	--	--	35	--	--	--	--	16	--	--	--	--	8	--	1		1	
July	46	--	2	--	2	36	--	--	--	--	48	4	4	--	8	6	--	--	--	--	
August	47	--	--	--	--	18	--	06	--	06	65	1	2	--	3	22	1	--	--	1	
September	58	--	--	--	--	18	--	--	--	--	134	2	5	--	7	28	--	1	--	1	
October	33	--	--	--	--	09	--	--	--	--	62	1	1	--	2	23	2	--	--	2	
November	22	--	--	--	--	29	--	02	--	02	43	4	13	--	17	27	--	1	--	1	
December	20	--	--	--	--	37	--	07	--	07	5	--	3	--	8	28	--	--	--	--	
Total	391	--	8	--	8	248	--	15	--	15	452	12	35	--	47	248	3	5	--	8	

Note: In the month of **May 2015** specially in Tendu Patta Season, one day Radical Treatment was given to all the peoples of village Murkudoh No.1, 2 and 3, Dandhari and Tekatola area was **758** and labours from adjoining other area was **226**.