



# ANNUAL WORK REPORT

Year – 2013

**'DISHA'**

Public Trust Regd.No.F-5391 (Bhandara)

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## ANNUAL REPORT OF DISHA FOR THE YEAR 2013

(JAN.2013 TO DEC. 2013)

Public Trust Regn.No. F/5391 (Bhandara)

Date of Establishment of Disha Arogya Kutir	09.07.1999
No. of Revenue Villages	16
No. of villages with tolas	35
Total No. of families	2155
No. of population covered	12027
No. of Arogya Doot (Male)	09
No. of Arogya Sevika (Female)	02
O.P.D.started at Darekasa Arogya Kutir	10 <sup>th</sup> Oct., 1999
O.P.D.working days	2nd & 4th Sunday
X-Ray Machine installed	November 1999
Total No.of patients examined during 2013	4512
Average patients in O.P.D.	188
Pathology Lab. established on	09.07.2000
Installation of Ultra Sound Sonography machine	24.03.2002
No. of X-ray taken during the year 2013	58
No. of Ultra Sonography done	40
No. of New T.B.Patients detected during the yr.	10
No. of T.B. cases cured	02
No. of T.B.cases death	NIL
No. of T.B.cases under DOT	10
No. of B.S.collected and examined during the year	248
(Arogya Doot - 208 + OPD - 40 = 248	
No. of Malaria Positive cases	15
(PV NIL + PF 15 + Mix NIL) = total 15	
No. of Malaria Patients Death	NIL
No. of ANC Regd. by Arogya Sevikas	13
No. of Deliveries conducted by them	15

Total No. of Birth	118	Birth Rate	9.82‰
Total No. of Death	52	Death Rate	4.35‰
Total No. of Maternal Death	NIL	Maternal Mortality Rate	NIL
Total No. of Infant death	01	Infant Mortality Rate	8.47‰

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*Disha, a registered voluntary organisation based at Gondia is working in the tribal dominated village – Darekasa, Tahsil Salekasa, with the objective to provide and uplift the basic health services of the rural and tribal population.*

*Disha's motto is to work together, to uplift the health status of rural and tribal mass by their own people at their door-step.*

*At Darekasa, through Disha Arogya Kutir regular OPDs are conducted on every 2nd and 4<sup>th</sup> Sunday, with the help of local 9 Arogya doots and 2 Arogya Sevikas, continuous follow-ups, primary and referral health services are being carried out throughout the year.*

*In last 15 years Disha achieved some remarkable goals substantially:*

- ☆ providing X-ray, Pathology Lab and Ultra Sonography facility in the village, to uplift the health status of tribal mass.*
- ☆ Control Malaria effectively by providing Radical treatment to Tendu patta pluckers during their stay in that area. Similarly local residents are also provided with preventive medicines.*
- ☆ Reduce the number of cases of T.B. DOT Regim treatment provided to the patients.*
- ☆ Reduced the rate of infant and maternal mortality.*

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- ☆ *Conducting educational seminars for adolescent girls to educate them about their health, nutrition and social stigma, experts guide them to protect themselves and to handle the adverse situations cleverly and bravely. Most important task is to treat anaemia with a scientific approach in female population, particularly in puberty age group girls, regular checkup and treatment camps are being conducted for them.*
  - ☆ *Disha is instrumental in creating awareness, rule out myths regarding Diabetes in the urban and rural areas of Gondia district, by conducting regular Diabetes awareness programme and various check-up camps for diabetics since last 18 years.*
  - ☆ *Ambulance service is being provided by DISHA from this year.*
  - ☆ *Young boys and girls are volutarily donating blood regularly.*

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**Malaria Preventive Measure**

***During Tendu Patta Season***

1)	<i>Total Labours</i>	<i>350</i>
	<i>R.T.Given</i>	<i>350</i>
2)	<i>Preventive treatment to local residents : (RT)</i>	
	<i>Murkudoh No.1</i>	<i>177</i>
	<i>Murkudoh No.2</i>	<i>58</i>
	<i>Murkudoh No.3</i>	<i>142</i>
	<i>Dandari</i>	<i>130</i>
	<i>Tekatola</i>	<u><i>82</i></u>
	<i>Total</i>	<i>589</i>

**Various Health Camps and Social Activities conducted by DISHA**  
**during January 2013 to December 2013**

<b>Sr. No.</b>	<b>Health Camps</b>	<b>Medical Team</b>	<b>Distinguish Guests</b>	<b>Venue</b>	<b>Date</b>	<b>Beneficiaries</b>
1.	Voluntary Blood Donation Camp	B.G.W.Blood Bank Team		Disha Arogya Kutir, Darekasa	27.01.2013	Donors : 37
2.	Diet Exhibition & Diabetes Public Awareness Camp in association with Manoharbai Patel Academy	Dr.Sunil Gupta, (Diabetologist) Mr.Kavita Gupta, (Dietician ) & Team (Nagpur)	Mr.Rajendra Jain, M.L.C.	N.M.D.College Auditorium, Gondia	17.02.2013	410
3.	World Tuberculosis Day observed			Disha Arogya Kutir, Darekasa	24.03.2013	
4.	Surgical Camp in memory of Smt.Manghibai Mundra	Dr.Subodh Gupta Dr.Vikas Jain		Disha Arogya Kutir, Darekasa	29.03.2013 to 31.03.2013	22 + 16 = 38
5.	Screening Camp for physically challenged (In association with MPA) & ALIMCO (Artificial Limbs Mfg.Corpn.of India		Hon'ble Minister, Shri Prafullbhai Patel, Mrs.Varshaben Patel, President MPA & MLC Mr.Rajendra Jain	Shreejee Lawns, Gondia	09.06.2013 to 10.06.2013	Screened: 1246 Selected : 888

<b>Sr. No.</b>	<b>Health Camps</b>	<b>Distinguish Guests and Doctors Team</b>	<b>Venue</b>	<b>Date</b>	<b>Beneficiaries</b>
6.	"Artificial Limbs Manufacturing Corporation of India distributed appropriate equipments for physically challenged persons along with Manoharbai Patel Academy & DISHA	Hon'ble Minister Shri Prafulbhai Patel, Smt. Varshaben Patel & M.L.C. Mr. Rajendra Jain	Indira Gandhi Stadium	26.10.2013	885
7.	Annual Child Health & ANC Checkup Camp in memory of Late Sewakramji Wankhede Guruji	Paediatrician's team from Child Hospital, Nagpur and Gondia	Disha Arogya Kutir, Darekasa	14.07.2013	160 Children <u>52</u> ANC 212 Total
8.	Funduscopy & Lipid Profile Neuropathy etc. Test Camp for Diabetics	Dr. Ajay Ambade, Mrs. (Dr.) Ambade from Nagpur and Dr. Nilesh Jain from Gondia	Gurjar kshatriya amajwadi, Gondia	01.09.2013	183
9.	Checkup & Treatment Camp for Adolescent Girls (12-18 years)	Dr. Nirmala Jaipuria, Dr. Vandana Aloni, Dr. Megha Ratnaparkhi, Dr. Shefali Jain and Dr. Sushma Goupale	Disha Arogya Kutir, Darekasa	29.09.2013	371

<b>Sr. No.</b>	<b>Health Camps</b>	<b>Distinguish Guests and Doctors Team</b>	<b>Venue</b>	<b>Date</b>	<b>Beneficiaries</b>
10.	ANC Checkup and paediatric Camp in memory of late L.N.Gupta	Dr.Sudhir Joshi, Dr.Subhash Purohit, Dr.Julie Jain Dr.Sandeep Kothari Dr.Rakesh Gupta, Dr.Sushma Goupale	Disha Arogya Kutir, Darekasa	27.10.2013	182
11.	Voluntary Blood Donation Camp	B.G.W.Hospital Blood Bank Team, Gondia	Disha Arogya Kutir, Darekasa	24.11.2013	Donors : 53
12.	Skin disease Detection & Treatment Camp	Dr.Vivek Jain, B.J.Hospital, Gondia	Disha Aroya Kutir Darekasa	22.12.2013	62
	<b><u>Social Activities :</u></b>				
1.	Sapling plantation at Behnidoh by students of Gurudev High School Darekasa.	Social Forestation Deptt. provided guidance and Sapling Mr. Kumbhalkar and his team	Behnidoh Pahadi near Darekasa	07.07.2013	250 Plantation
2.	Ambulance provided to Disha by M.P.Fund	Hon'ble M.P.Chimur Shri Marotrao Kowaseji	Disha Arogya Kutir, Darekasa	14.07.2013	Patients at large
3.	Blanket Distribution by Sriram Satsang Mandal, Gondia		Village Chand-Suraj	08.12.2013	106
4.	Informative Literature distributed to girls regarding health nutrition and safety measures		Disha Arogya Kutir, Darekasa	29.09.2013	



**STATEMENT SHOWING THE INFORMATION ABOUT NATIONAL TUBERCULOSIS CONTROL PROGRAMME  
FROM "DISHA AROGYA KUTIR DAREKASA" IN THE YEAR 2013 UNDER DOTS**

Sr. No.	Month	New Patient Detected in 2013							Treatment completed (Cured)
		Pulmonary Sputum +Ve		Pulmonary X-Ray +ve/ Sputum -Ve		Extra Pulmonary		Total	
		Cat-I	Cat-II	Cat-I	Cat-II	Cat-I	Cat-II		
1	Jan-13	0	0	0	0	0	0	0	1
2	Feb-13	1	0	1	0	0	0	2	0
3	Mar-13	0	0	0	0	0	0	0	0
4	Apr-13	0	0	0	0	0	0	0	0
5	May-13	0	0	0	0	0	0	0	1
6	Jun-13	0	0	0	0	0	0	0	0
7	Jul-13	0	0	0	0	0	0	0	0
8	Aug-13	0	0	0	0	2	0	2	0
9	Sep-13	5	0	0	0	1	0	6	0
10	Oct-13	0	0	0	0	0	0	0	0
11	Nov-13	0	0	0	0	0	0	0	0
12	Dec-13	0	0	0	0	0	0	0	0
	Total	6	0	1	0	3	0	10	2



**Year & Monthwise B.S.Collection of Malaria Patients for the years 2010, 2011, 2012 and 2013**

**'DISHA' AROGYA KUTIR, DAREKASA**

<b>MONT H</b>	<b>2010</b>					<b>2011</b>					<b>2012</b>					<b>2013</b>					<b>REMA RKS IF ANY</b>
	<i>B-S Colle ction</i>	<i>PV</i>	<i>PF</i>	<i>MIX</i>	<i>TOT AL</i>	<i>B-S Colle ction</i>	<i>PV</i>	<i>PF</i>	<i>MIX</i>	<i>TOT AL</i>	<i>B-S Colle ction</i>	<i>PV</i>	<i>PF</i>	<i>MIX</i>	<i>TOT AL</i>	<i>B-S Colle ction</i>	<i>PV</i>	<i>PF</i>	<i>MIX</i>	<i>TOT AL</i>	
January	18	--	--	--	--	60	--	11	--	11	22	--	6	-	6	22	--	--	--	--	
February	5	--	--	--	--	47	--	4	--	4	36	--	--	--	--	10	--	--	--	--	
March	20	--	--	--	--	7	--	--	--	--	22	--	--	--	--	11	--	--	--	--	
April	8	--	--	--	--	19	--	--	--	--	23	--	--	--	--	12	--	--	--	--	
May	18	--	--	--	--	33	--	--	--	--	36	--	--	--	--	11	--	--	--	--	
June	5	--	--	--	--	6	--	--	--	--	26	--	--	--	--	35	--	--	--	--	
July	4	--	--	--	--	88	--	10	--	--	46	--	2	--	2	36	--	--	--	--	
August	43	--	--	--	--	37	--	5	--	10	47	--	--	--	--	18	--	06	--	06	
September	78	--	--	--	--	32	2	1	--	5	58	--	--	--	--	18	--	--	--	--	
October	23	--	--	--	--	17	--	--	--	1	33	--	--	--	--	09	--	--	--	--	
November	28	1	2	--	3	23	--	--	--	--	22	--	--	--	--	29	--	02	--	02	
December	32	--	5	--	5	40	--	10	--	--	20	--	--	--	--	37	--	07	--	07	

Total	28 2	1	7	--	8	40 9	2	41	--	43	39 1	--	8	--	8	24 8	--	15	--	15	
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Note : In the month of May 2013 specially in Tendu Patta Season, one day Radical Treatment was given to all the peoples of village Murkudoh No.1, 2 and 3, Dandhari and Tekatola area was 939 and labours from adjoining other area was 350.